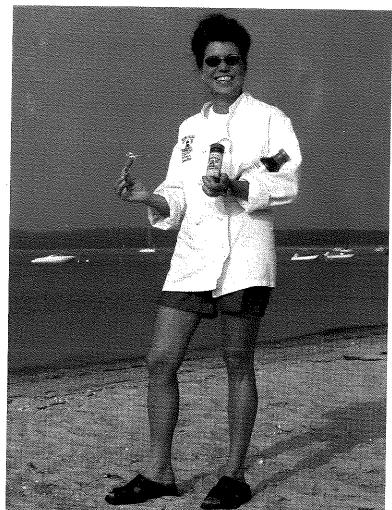
LIFESTYLE - Houston litney Magazine Vol. 12



CHEF KENDRA WILCOX: HEALTHY CUISINE

FROM ASPEN TO THE HAMTONS

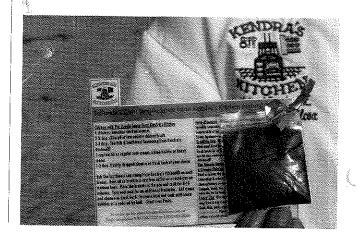
Kendra Wilcox in Sag Harbor

By Karen Amster-Young

hef Kendra Wilcox likes people who enjoy life, have a quick wit, and are loyal. She is drawn to people, who appreciate her cuisine and the art of fine dining. It was her passion for food and dining that inspired Wilcox to start Kendra's Kitchen in Telluride, Colorado in 1987. She specializes in healthy Southwest French Fusion cuisine, a style she developed while still in college at Boston University. "It's my unique style of cooking. I take the classics of the French Escoffier method, streamline them and replace the fat and salt with herbs and spices," she reveals, "I also sauté with broths and thicken sauces with pureed vegetables, legumes or fruits." Her formal training includes time in Europe and at the noted Cordon Bleu in Paris.

Soon after she founded Kendra's Kitchen, she was selected as Ralph Lauren's personal chef. "We hit it off," she states. Wilcox continues to work with him on various charity events. "He is also an inspiration for me. He is a master marketer and a genius when it comes to design and color." Other clients include Christie Brinkley and Darryl Hannah. Wilcox is currently focusing on a new aspect of her busi-

ness-private jet catering. The model for her vision is already underway in Telluride, Colorado, where she has a home. The Hamptons is a natural place to expand the concept. "My healthy cuisines are perfect for private jet travelers," she explains. "As part of Telluride Flight's service for clients, meals will be exclusively provided by Kendra's Kitchen."





"That's Entertainment" Sheridan Opera House Tuesday, February 11, 2003

First Course

Basil, Black Bean Soup with Cilantro Sourdough Dinner Rolls with Heart Shaped Sage Butter Patties

Entrée (Choice of)

Elk Tenderloin with Juniper Shiraz Sauce

Fresh Rocky Mountain Trout with Chipotle Sauce, Toasted Almonds and Fresh Chives

Whipped Potatoes with Crème Fraiche and Fresh Chives

Haricot Verts & Baby Carrots with a Citrus Lime Sauce

Salade

Belgian Endive Spears with Poached Pears, Toasted Glazed Walnuts, Roquefort Cheese and a Sherry Dressing

Dessert

Chocolate Torte with Seeped Cherries & Pinion Nuts served with a Warm Gran Marnier Sauce

Eastman Kodak Company

invites you to the

Kodak Filmmakers' Brui

Saturday, August 30, 11a.m.

In the tent, Telluride Town

Invitation admits one



Kodak. The Filmmaker's Film

Cateral by Kenda's

Catered By Kendra's Kitchen Natural Foods for Showtime T.V.

"The Dinner event was perfect - the flavors of the food were fabulous!" - Jayne Greenburg, Motivation Stategies.



reflect her style of cuisine. "Telluride's Own" BBQ Sauce and "Telluride's Own" Southwestern Rub and Seasoning are her signature products. "I used to also have a product called Crispitas," Wilcox laments, "But I had to change manufacturers. I plan on bringing them back for the private jet catering. People are always asking me what happened to my Crispitas!"

Wilcox is currently focusing on a new aspect of her business--private jet catering. The model for her vision is already underway in Telluride, Colorado, where she has a home.

Like all successful people, Wilcox knows that it takes a great team to create a successful company. Building and maintaining it is one of her biggest daily challenges. "Finding a team that's quick and focused is an ongoing challenge," she expresses. "But I am lucky to have worked with great people. One of the key people at my company is my captain, Jenny Booth. She has been with me since 1987." Like Wilcox, Booth has a love of life that is reflected in her werse interests as a food connoisseur, a cutting-horse iner and an accomplished artist.

The Hamptons has quickly become a favorite place for Wilcox. She is currently spending most of her time in East Hampton and Sag Harbor but enjoys the lifestyle every-

where. "I love what this area has to offer." Wilcox is not only running her company, but also finds time for many of her interests, including riding horses, skiing, mountain biking, body surfing; and swimming. She is currently taking polo lessons and hopes to learn a third language. In keeping with her work hard, play hard philosophy, she is working on a cookbook that will feature her Southwest French Fusion cuisine.

Kendra's Kitchen is multifaceted and includes cooking classes, catering, weddings, chefs' demos, and fund-raising for Colorado charities, such as *Share our Strength*, a national organization dedicated to the fight against hunger and poverty. Despite all her personal and professional goals, Wilcox cites one above all others: satisfying her clients beyond their expectations. "That is my ultimate goal."

www.KendrasKitchen.com kw@Kendraskitchen.com 303-263-1420

Voice of the Rocky Mountain Empire

F SINDAY DENVER

没Rocky Mountain News

★★★\$1.00 — May vary outside metro Denver

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Taliban troops crossing hard-liners still in Kunduz lines are greeted warmly;

Customer service on slippery slope

By Jemifer Beauprez

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Deborah Barton knows what it's ike to sit on hold for 30 minutes at

The Littleton massage therapist also knows what it's like to be routed to multiple operators who don't have answers, to get stuck in endetters to no avail. prompts, and to write complaint ess mazes of recorded telephone

it's like to fight the same wrongful charge of \$2 3 on a Qwest wireless phone bill for seven months — And she knows all too well what

> as economy latters Companies cut costs

yet to be fixed. error admitted by the company but Like Barton, most Americans

and unknowledgeable sales clerk telephone recordings, the grumpy customer service: the impersona tomer support lines. have their own horror stories about the "tough luck" attitude of cus-

satisfaction h: gradually worsened over the personance several years, ac-And they're not crazy. Consumer

> consumer interviews and financial cording to the Customer Satisfac-tion Index, a quarterly survey congan. The index is based on 50,000 return on customer-service investanalysis of 164 companies, includducted by the University of Miching their stock prices, profits and

score of 74.5 in 1994. The index possible points — down from a slipped to a score of 72 out of 100 70.7, as companies struggled to look its sharpest drop in 1997, to Satisfaction for all industries has

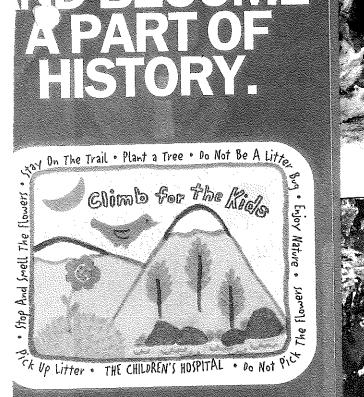
Please see SERVICE on 25A

Offering the right ingredients

smart shopping and stove-top prepare nutritious meals through Frontline, which teaches people in Our Strength's Operation low-income households how to Wilcox is a volunteer with Share in the latest high-end cuisines. But her students aren't interested Like many chefs, Kendra Wilcox leaches cooking classes on the side

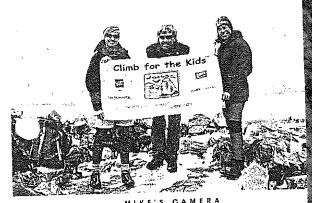


The Denyer Post / John Prieto



AN INTERNET EXPEDITION OF COLORADO'S FOURTEENERS TO BENEFIT THE CHILDREN'S HOSPITAL OF DENVER

September 18, 1999 - Julie: Stave and Kendra on top of Mount Elbert Raisecol H80, 000, 00 tor Children's Hespital











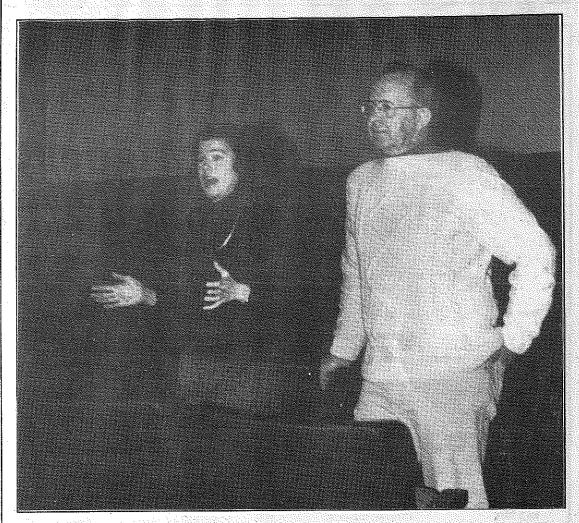
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Hanks for your generousity.
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Lack tendra, but he help beek to you?

Indusper i kope to cent Guil at least one me In come as soone on Meder if got charge me have half about 4 days Wellnesh showers

WELCOME TO THE SAN JUANS



SHARING THE MOUNTAIN SPLENDOR — Kendra Wilcox of Kendra's Kitchen, Inc., and nature photographer Jack Pera have combined their talents to welcome groups to Telluride with their "Welcome to Telluride Party and Mt. Splendor Multi-Image Show." The punch-and-cheese party and Mt. Splendor Show will provide visiting guests with a warm welcome and spectacular views of the four seasons of Telluride, promoting the region through eco-tourism. The minimum number of guests required for the event is 15 people, with a maximum capacity of 300 people. For more information, call 728-7222.

Times-Journal photo/Rob A. Huber

TELLURIDE DAILY PLANET MARCH 6, 1997

Everest May 10 survivor to present slides tonig

Tonight one of the members of the controversial May 10, 1996, Mount Everest Expedition in which 10 climbers died, is scheduled to oresent her side of the story along vith slides from the expedition to a Telluride audience.

At 6:15 p.m. at the Masonic Theater above the Timberline Hardware, local Jack Pera will present his slides of four seasons in the San Juans titled "Mountain Splendor" after which Charlotte Fox, an Aspen Ski Patroller, will show slides and talk from her own experience on Everest last year. Fox is calling her presentation "A Time to Live and a Time to Die."

According to Kendra Wilcox who is organizing the event, her

catering company Kendra's Kitchen, along with Pera, have teamed up to provide an alterna-tive entertainment service in Telluride offering "Mountain Splendor" shows and punch and cheese parties. Tonight's event, said Wilcox, hopes to introduce the community to this service which will be available for birthday par-

ties, family reunions, and wed-

dings as well as other gatherings.
"Throughout the year we will have various guest speakers," said Wilcox.

"Tonight is my way of marketing this service to the locals."

Tonight's slide presentations

will be followed by a punch & cheese reception catered by

Kendra's Kitchen at their will be a gu answer session with from the event, said go to benefit The Acc organization which s vide access to nation:

Tickets are \$10 ca at the door. For more call 728-7222.

Scott Fischere's Expedition May 1996 Book Into Thin the J. Kruther + The Club, A. But

multi-image show center-overlap A 'two-screen with food

pursued it very rigorously. "I was born into hunting. My father photographer and environmentalist. says the Telluride born-and-bred Pera was a hunter. "Chiefly elk," For the first half of his life, Jack

they probably enjoy life as much as spent photographing and observing only a camera. "The more time] cision" to track wildlife armed with sult, and made a kind of moral dethe chase, and never the kill. Finally them," he says, "the more I realized I became disgusted with the end reremembers, "but it was the thrill of "I always enjoyed the hunt," he

do this any more. I'm not opposed and ethical manner, although a lot slow and steady path, and I thought, "I'd been gravitating that way on a to hunting, if it's done in a humane this is the last one. I don't want to mind was firmly made up," he says "I remember very it very well, my Pera killed his last elk in 1970

ography in the San Juan Mountains. flora, fauna, precipitation and geing, beautifully crafted exhibition of dor Multi-Image Show," a fast-movfeatured in "The Mountain Splenwildlife and wilderness shots are just that, and roughly 1,200 of his Thousands of times, Pera has done really good photograph," he adds. "It's a whole lot harder to get a

Team Up for a San Juan Welcom

Now Pera gets his close-ups

by a group orientation, leads into the

Splendor ex-Mountain

hibition. 'It's a way

sure-trove of small-town arcana). A

Imberline Hardware (itself a treahours at the Masonic Theater above

punch-and-cheese party, followed

groups of 15 to 300 can book 1 1/4 age Show." For \$8.50 per person.



extending a the region. 'It's a way of

Kendra Wilcox

Wilcox, region," says come to the

warm welcome to

of extending a

dings, ski groups and festivals," soft-sell for the region. says their brochure. Perc describes their combined efforts as "a natural fall, winter and summer seasons for buffet together with Pera's photos with the idea of packaging a light popular local caterer who came up family or corporate reunions, wed-"This event is available during the

look, but don't touch." here," he says. "Go out, enjoy it, "We live in a beautiful place

Velcome to Telluride Party hador Multi-ImPera has teamed up with Kendra

Jack Pera killed his last elk in 1970. Since then he's been capturing San Juan wildlife on film

alpenglowed snowy peaks, Pera has brush to panoramic views of so close you can tell which season From picas to marmots to elk seen from skunk cabbage to Indian paintit is by the texture of their antlers,

> chronicled the infinite array of nonhuman beauty in the land of his

"I tried to sneak up to take a good a deer with a Brownie camera at 16. Pera took his first photograph of

39 Byfield Road Waban, MA 02168 May 23, 1987

To Whom it may concern:

Kendra Wilcox came into my life at a time of crisis. My husband had just had a heart attack and subsequently had by-pass surgery. I have four children, the youngest is three years old. Kendra came and took over the family. Not only did she keep the house neat and clean and make excellent meals, but she did everything a little bit better than was required. She needed very little instruction and once told something, she never forgot. In other words she exhibited initiative, self-direction and a general willingness to extend herself.

Most importantly she has a very sunny personality. She is able to turn a disaster into a "fun-experience". Moreover, she can deal with the myriad of unexpected occurances that happen in times of crisis. Both my husband and I have led groups abroad and served in Peace Corps/India. We know that Kendra has the kind of up-beat personality that will enhance group life and can make inconvenience an adventure.

The motto of the Experiment in International Living, for whom I worked in the '60's, was "expect the unexpected." I found this extremely true as a group leader. I know Kendra has the compassion, quick wit and ingenuity to deal with any of the myriad of situations that arise in foreign travel.

I recommend her highly. You may call me if you have further questions at 617-332-7060.

Yours truly.

Ruth N. Berman